



ROYAL COLLEGE OF  
PHYSICIANS OF IRELAND

# NATIONAL SEXUAL HEALTH

12-14 NOV  
2013

## AWARENESS WEEK





	SESSION	TIME	EVENT	TOPIC	ORGANISER		
TUESDAY		10.30–11.30	Registration open for Tuesday sessions 1–4				
	1	11.00–12.00	Lecture	The why and the how of communicating sexual health matters with individuals with intellectual disability	Irish Family Planning Association and St John of God		
		12.00–13.00	Workshop	Tools, exercises and methodologies to enable people with mild to moderate intellectual disabilities to make healthy informed sexual health choices			
	2	13.00–14.15	DVD launch / viewing	AIDS West support guide to coping with HIV, introduction, viewing and overview	AIDS West		
		14.15–15.00	Lunch				
	3	15.00–16.00	Lecture / discussion	HIV and ageing: outcomes of research project, followed by ‘Sexuality and Ageing’ presentation	AIDS West and National University of Ireland, Galway		
	4	18.20–20.30	Public meeting	Let’s talk about sex: communication and sexual health throughout our lives	RCPI		
WEDNESDAY		12.30–13.00	Registration Open for Wednesday Sessions 1–3				
	1	13.00–14.20	DVD viewing	Viewing of support guide to coping with HIV	AIDS West and National University of Ireland, Galway		
	2	15.30–16.40	Presentations	Man2Man.ie: A series of presentations on enhancing the sex lives of MSM in Ireland	Gay Health Network (GHN), Gay Men’s Health Service (GMHS), HSE		
	3	17.00–19.30	Clinical update	Communication and sexual health	RCPI		
THURSDAY		10.00–10.30	Registration Open for Thursday Sessions 1, 2 & 4				
	1	10.30–12.30	Workshop	A holistic approach to sexual health promotion	Health Promotion, HSE South		
	2.1	12.00–13.00	Lectures with Q&A	Sexual health and education needs of young people in care– the views of service providers	University College Dublin		
				Sexual behaviour, initiation and contraception use among adolescents in Ireland – analysis of the Health Behaviour in School Aged Children (HBSC) Study	Health Promotion Research Centre and National University of Ireland, Galway		
		13.00–14.00	Lunch				
	PARALLEL SESSIONS PLEASE CHOOSE ONE BLOCK ONLY	2.2	14.00–15.00	Keynote Lecture	Reporting of child protection concerns: helping practitioners to understand their obligations	HSE Crisis Pregnancy Programme	
		2.3	15.00–15.45	Lecture	Preventing sexual violence: from information to transformation	Rape Crisis Network Ireland	
			15.45–16.00	Tea / coffee break			
		2.4	16.00–17.30	Workshop	“Nurse, can I ask you a question, it’s personal?” Incorporating sexual health into nursing practice	School of Nursing & Human Sciences, Dublin City University	
			13.30–14.00	Registration open for Thursday Session 3: ICGP/RCPI joint session of GPs on managing STIs in general practice			
		3.1	14.00–14:20	Lecture	Introduction to STIs and the ICGP STI e-learning module	RCPI / ICGP	
		3.2	14.20–15.30	Lectures with Q&A	What’s happening with STIs in Ireland		
					STIs in groups of interest: case-based interactive discussion		
			15.30–15.50	Tea / coffee break			
		3.3	15.50–16.30	Lecture with Q&A	Interesting STIs presenting in primary care settings with panel discussion / answering questions		
	4		16.30–19.00	Exhibition	Sexual health for young adults: What helps us make good decisions in our romantic lives?	RCPI	
			17.00–18.00	Competition	Public speaking competition with transition year students		
			17.00–18.00	Competition	Alternative expression piece competition with transition year students		
			18.00-18.30	Tea/coffee break			
			18.30–19.30	Announcement of winners and presentation of prizes followed by reception			

## NATIONAL SEXUAL HEALTH AWARENESS WEEK

The Royal College of Physicians of Ireland is hosting Sexual Health Awareness Week (SHAW) from 12th to 14th November 2013. The theme for SHAW this year is Communication and Sexual Health – How to talk about sex and sexual health with children, parents, friends, partners, patients, doctors and allied health care professionals.

All events take place at RCPI, 6 Kildare St, Dublin 2 and are free of charge. CPD credits are available as detailed on each event. Pre-registration is essential and places are limited, so please book early. The closing date is 6 November.

Online registration is now open for all events taking place as part of SHAW - go to [www.rcpi.ie/SHAW](http://www.rcpi.ie/SHAW), or complete the attached booking form and return to:

*Saoirse Bowe*  
*SHAW Registration*  
*Royal College of Physicians of Ireland*  
*Frederick House*  
*19 South Frederick Street*  
*Dublin 2*



Follow us on twitter @RCPI\_News #SHAW13 or on



[www.facebook.com/RoyalCollegePhysiciansIreland](http://www.facebook.com/RoyalCollegePhysiciansIreland)

## RCPI SEXUAL HEALTH AWARENESS WEEK – LECTURE &amp; WORKSHOP

**Session 1: Toolkits for communicating sexual health matters with individuals with mild to moderate intellectual disability**

Tuesday 12 November, 2013 at 11.00–13.00 at RCPI, No.6 Kildare Street, Dublin 2

Time	Speaker	Title	Location
11.00–12.00	<b>Ms Anita Ghafoor Butt</b> Irish Family Planning Association <b>Ms Helen Crowley</b> Callan Institute, St John of God	Lecture - The why and the how of communicating sexual health matters with individuals with intellectual disability	Dun's Library
12.00–13.00	Work Shop Facilitators – <b>Ms Anita Ghafoor Butt</b> Irish Family Planning Association <b>Ms Helen Crowley</b> Callan Institute, St John of God	Workshop on tools, exercises and methodologies to enable people with mild to moderate intellectual disabilities to make healthy informed sexual health choices	Dun's Library

*This lecture and workshop has been approved for 2 CPD credits by the Royal College of Physicians of Ireland***IFPA Workshops**

As part of Sexual Health Awareness Week (SHAW), a lecture and workshop will be run by the Irish Family Planning Association on communicating with individuals with mild to moderate intellectual disability on sexual health matters.

**Programme**

The session will start with a lecture followed by a workshop. The workshop participants will focus on tools, exercises and methodologies to enable people with mild to moderate intellectual disabilities to make healthy informed sexual health choices. At its core, sexuality is essentially about acceptance of self by others. Given that communication about sex and sexuality is difficult for most people, there is every reason to believe that effective communication about sex and sexuality for people with intellectual disabilities is a matter of utmost importance for total inclusion in the social mainstream. Sexuality is not only about body parts, and reproductive education.

It is equally about self awareness, self protection from abuse/exploitation and the development and maintenance of healthy relationships. This workshop will aim to raise awareness of the need for communication and equip professionals who work in this arena to develop ideas, lesson plans using evaluated EU wide tools.

**Audience**

The lecture is open to healthcare professionals, support workers and representative organisations. Members of the public can be facilitated. There is no charge for attendance.

**Maximum attendees**

25

**Venue**

The meeting will be held at No.6 Kildare Street. There is a restriction to a maximum of 25 attendees in the room.


**RCPI SEXUAL HEALTH AWARENESS WEEK – LAUNCH**
**Session 2: AIDS West support guide to coping with HIV, introduction, viewing and overview**

Tuesday 12 November, 2013 at 13.00–14.15 at RCPI, No.6 Kildare Street, Dublin 2

Time	Speaker	Title	Location
13.00–13.05	<b>Ms Lorraine O’Connell, Dr Siobhan O’Higgins, Mr John Flannery and Mr Gerry Coy, AIDS West</b>	Welcome and introduction	Lecture Theatre
13.05–14.10	DVD Viewing	Coping with HIV	
14.10–14.15	Q&A session		

**Launch of the Coping with HIV DVD**

As part of Sexual Health Awareness Week (SHAW), AIDS West is launching their DVD developed for people living with HIV and the healthcare professionals who look after them. The DVD includes medical facts on HIV along with holistic care for people living with chronic diseases with topics such as developing a positive mental attitude as well as nutrition, mindfulness, etc. The aim is to make detailed information available to people in the privacy of their own homes as well as clinics.

**Programme**

The DVD will be launched with a short introduction followed by a viewing and finishing with a question and answer session. Copies of the DVD will be available at no charge from AIDS West.

**Audience**

The launch is open to press, health professionals working with people diagnosed with HIV, people diagnosed with HIV, interested organisations, members of the public. There is no charge for attendance.

**Maximum attendees**

55

**Venue**

The meeting will be held at No.6 Kildare Street. There is a restriction to a maximum of 55 attendees.

RCPI SEXUAL HEALTH AWARENESS WEEK – LECTURE AND DISCUSSION

Session 3: HIV and ageing

Tuesday, November 12, 2013 at 15.00–16.00 at RCPI, No.6 Kildare Street, Dublin 2

Time	Speaker	Title	Location
15.00– 15.15	<b>Ms Maureen D’Eath</b> National University of Ireland, Galway	HIV and ageing	Lecture Theatre
15.15–15.30	<b>Dr Siobhan O’Higgins</b> and <b>Ms Lorraine O’Connell</b> AIDS West	Sexual health and ageing	
15.30–16.00	<b>Dr Siobhan O’Higgins</b> and <b>Ms Lorraine O’Connell</b> AIDS West  <b>Ms Maureen D’Eath</b> National University of Ireland, Galway	Q&A session	

*This lecture was been approved for 1 CPD credit by the Royal College of Physicians of Ireland*

AIDS West Lecture

As part of Sexual Health Awareness Week (SHAW), AIDS West is running a lecture on the outcomes of a research project on HIV and Ageing followed by a discussion on Sexual Health and Ageing.

Programme

The session will start with presentation of the data from the research project on HIV and Ageing which focuses on the first cohort of people diagnosed with HIV. This will open into a sexual health and ageing discussion and workshop.

Audience

The launch is open to press, health professionals working with people diagnosed with HIV e.g. nurses, doctors in clinics and practices, people diagnosed with HIV, interested organisations, members of the public. There is no charge for attendance.

Maximum attendees

55

Venue

The meeting will be held at No.6 Kildare Street. There is a restriction to a maximum of 55 attendees.


**RCPI SEXUAL HEALTH AWARENESS WEEK – PUBLIC MEETING**
**Session 4: Let's talk about sex: communication and sexual health throughout our lives**

Tuesday, November 12, 2013 at 18.20–20.30 at RCPI, No.6 Kildare Street, Dublin 2

**CHAIR: Ray D'Arcy, Broadcaster**

Time	Speaker	Title	Location
18.00–18.15	Registration opens		
18.20–8.30	<b>Mr Len O’Hagan</b> Royal College of Physicians of Ireland	Welcome and opening	Corrigan Hall
18.30–18.55	<b>Mr David Coleman</b> Psychologist, broadcaster	“But I only wanted to know where babies come from...” Talking to young children about sex	
18.55–19.20	<b>Prof Susan Rosenthal</b> Columbia University, New York	Discussing sexual health with adolescents	
19.20–19.45	<b>Ms Deborah Mulvany</b> Psychologist, broadcaster	Hold me tight! Adult communication and sexual health	
19.45–20.05	<b>Prof Agnes Higgins</b> Trinity College Dublin	Communicating about sexual health with older adults	
20.05–20.30	Q&A session		

*This public meeting has been approved for 3 CPD credits by the Royal College of Physicians of Ireland*
**Background**

In line with RCPI's mission to promote health in Ireland, the Promoting A Healthy Nation Public Meeting Series has been developed whereby expert advice and medical knowledge can be made available to the general public with the aim of raising awareness of key healthcare issues and providing an opportunity for the public to communicate their concerns to RCPI and others.

**Public meeting on let's talk about sex: communication and sexual health throughout our lives**

As part of Sexual Health Awareness Week (SHAW), RCPI will deliver a public meeting titled "Let's Talk About Sex: Communication and Sexual Health Throughout our Lives". The aim of the public meeting is both to promote the awareness that everyone has the right to a healthy sex life and to open up the conversation around sexual health throughout our lives. Honest, supportive and inclusive communication is vital when it comes to our sexual health and sexuality – no matter who we are or what stage of life we are at.

**Programme**

The programme will consist of four 25-minute presentations, followed by approx 25-minute questions and answers session from the audience.

**Audience**

The lecture is open to members of the public, healthcare professionals, Trainees, Members and Fellows of the College, Faculties and Institute. There is no charge for attendance.

**Maximum attendees**

180

**Venue**

The meeting will be held at No.6 Kildare Street, and will also be a live webcast via the RCPI public website. There is a restriction to a maximum of 180 attendees.

## RCPI SEXUAL HEALTH AWARENESS WEEK - DVD VIEWING

## Session 1: AIDS West support guide to coping with HIV DVD

Wednesday 13 November, 2013 at 13.00–14.20 at RCPI, No.6 Kildare Street, Dublin 2

## Launch of the Coping with HIV DVD

As part of Sexual Health Awareness Week (SHAW), AIDS West is providing an opportunity to participants to view their DVD developed for people living with HIV and the healthcare professionals who look after them. The DVD includes medical facts on HIV along with holistic care for people living with chronic diseases with topics such as developing a positive mental attitude as well as nutrition, mindfulness, etc. The aim is to make detailed

information available to people in the privacy of their own homes as well as clinics.

## Programme

The DVD will be screened and copies of the DVD will be available at no charge from AIDS West.

## Maximum attendees

60

## RCPI SEXUAL HEALTH AWARENESS WEEK - PRESENTATIONS

## Session 2: Man2Man.ie: A series of presentations on enhancing the sex lives of MSM in Ireland

Wednesday 13 November, 2013 at 15.30–16.40 at RCPI, No.6 Kildare Street, Dublin 2

## CHAIR: Dr Nazih Eldin, Health Service Executive

Time	Speaker	Title	Location
15.30–15.40	<b>Ms Susan Donlon</b> Dublin AIDS Alliance	The Man2Man programme so far	Lecture Theatre
15.40–15.50	<b>Mr Mick Quinlan</b> Gay Men's Health Service, Health Service Executive	Men from afar and near	
15.50–16.05	<b>Mr Daniel McCartney</b> Gay Health Network, Man2Man	Report 3: Our sex lives	
16.05–16.15	<b>Mr Sean Frayne</b> BelongTo	Man2Man 2014 and sexual health actions for younger MSM	
16.15–16.25	<b>Mr Tony Cooney</b> Gay Switchboard Dublin	Sexual health actions for Man2Man 2014	
16.25–16.40	Q&A session		

*This presentation has been approved for 1 CPD credit by the Royal College of Physicians of Ireland*

## Presentations

As part of Sexual Health Awareness Week (SHAW), the HSE Gay Men's Health Service will deliver presentations on Man2Man.ie the national HIV prevention and sexual health programme for Men who have Sex with Men (MSM) in Ireland by the Gay Health Network (GHN) and HSE.

This will include a series of presentations by members of GHN on Research, the HSE and GHN: Sexual Health and HIV Awareness Programme for MSM (men who have sex with men), the Luv Bugs STI Information Series and Men From Afar Testing at the GMHS STI Checkpoint Clinic.

GMHS and GHN will officially launch Man2Man Report 3; Our Sex Lives: findings from the European MSM Internet Survey 2010 (EMIS 2010).

## Audience

The lecture is open to members of the public as well as all healthcare professionals, NGOs. There is no charge for attendance.

## Maximum attendees

60

## Venue

The meeting will be held at No.6 Kildare Street. There is a restriction to a maximum of 60 attendees.



**RCPI SEXUAL HEALTH AWARENESS WEEK – CLINICAL UPDATE**
**Session 3: Clinical update on communication and sexual health**

Wednesday 13 November, 2013 at 17.00–19.30 at RCPI, No.6 Kildare Street, Dublin 2

**CHAIR: Prof Colm Bergin, St James's Hospital Dublin**

Time	Speaker	Topic	Location
16.30	Registration		
17.00	Meeting opens		
Part A: Communication and Sexual Health - Results of surveys			
17.05–17.15	Mr Robert Obara and Ms Amelia Reid Medical Students for Choice	Attitudes behaviour and practice in relation to sexual health amongst doctors	Corrigan Hall
17.15–17.25	Dr Gabrielle Quirke Galway Bay Medical Centre	Sexual history taking survey in primary care settings	
17.25–17.30	Q&A session		
Part B: Communicating with Patients about Sexual Health			
17.30–17.55	Dr Andrea Holmes Galway Sexual Assault Treatment Unit	Sexual history: why and how?	Corrigan Hall
18.00–18.25	Dr Ivan Casserly Gay Doctors Ireland	LGBT communication - doctor perspective	
18.30–19.00	Mr Tiernan Brady Gay and Lesbian Equality Network	GLEN - patient perspective	
19.00–19.30	Panel	O&A session	

*This clinical update has been approved for 3 CPD credits by the Royal College of Physicians of Ireland*
**Background**

Clinical Updates are designed to take a current medical topic and explore the role and contribution of various specialties in its management. The framework for each update is flexible and open, allowing for a variety of topics and specialties to be included.

As part of Sexual Health Awareness Week (SHAW), RCPI will deliver a Clinical Update educational session.

**Programme**

The programme will consist of two sections with points of clarification after each presentation and a short Q&A after the first session. There will be final 30-minute questions and answers session from the audience before the close.

**Audience**

The Clinical Update is open to Trainees, Members and Fellows of College, Faculties and Institute, NCHD PDP participants and allied health professionals. There is no charge for attendance.

**Maximum attendees**

180

**Venue**

The meeting will be held at No.6 Kildare Street, but it can be also live webcast via the RCPI public website. There is a restriction to a maximum of 180 attendees.

**Webcast**

The live webcast facility allows a wider audience to participate online in the meeting and via regional webcast centres.

**RCPI SEXUAL HEALTH AWARENESS WEEK – WORKSHOP****Session 1: A holistic approach to sexual health promotion**

Thursday 14 November, 2013 at 10.30–12.00 at RCPI, No.6 Kildare Street, Dublin 2

Time	Speaker	Topic	Location
10.00	<i>Registration</i>		
10.30–12.30	<b>Ms Moira Germaine</b> and <b>Ms Máire O’Leary</b> Health Promotion HSE South	A holistic approach to sexual health promotion	Cheyne Room

*This workshop has been approved for 2 CPD credits by the Royal College of Physicians of Ireland***Background**

As part of Sexual Health Awareness Week (SHAW), a workshop outlining a holistic approach to sexual health will be run by the Sexual Health Promotion Team of HSE South. This is drawn from the HSE South’s 10 day ‘Foundation Programme in Sexual Health Promotion (FPSHP)’ which espouses a positive, holistic and life course approach to sexual health. The course has recently been evaluated by Prof Agnes Higgins and her team at the School of Nursing and Midwifery, Trinity who found that the FPSHP was very successful in developing the capacity of participants to integrate sexual health promotion into their work.

Human sexuality is often viewed from a narrow perspective, focusing largely on sexual activity, reproduction and sexual orientation. This workshop gives participants an opportunity to consider a more holistic perspective; to see sexuality in terms of our relationship with ourselves, our relationship with others and our relationship with the society in which we live. This awareness is key to one of the fundamental tasks of a promoter of sexual health, which is to support clients to have an understanding of their developing sexuality and their ability to express that sexuality in a healthy way, whilst simultaneously advocating for a society which facilitates these healthy choices through the provision of supportive services, policy and legislation.

**Programme**

The programme will consist of an introduction (15 mins) followed by group work through 5 groups and a final 20 minute session on the outcomes and learnings from the participants before the close.

The programme will be presented by Ms Moira Germaine and Ms Máire O’Leary, Health Promotion HSE South.

**Audience**

The workshop is open to health, education and community professionals who have the capacity to promote sexual health in their core roles, including but not limited to doctors, nurses, counsellors, youth workers, social workers, social care workers. There is no charge for attendance.

**Maximum attendees**

25

**Venue**

The meeting will be held at No.6 Kildare Street. There is a restriction to a maximum of 25 attendees in the room.

**RCPI SEXUAL HEALTH AWARENESS WEEK – LECTURES WITH Q&A**
**Session 2.1: New research on sexual health of young people**

Thursday 14 November, 2013 at 12.00–13.00 at RCPI, No.6 Kildare Street, Dublin 2

Time	Speaker	Topic	Location
11.30	Registration		
12.00–12.20	<b>Prof Abbey Hyde</b> School of Nursing, Midwifery & Health Systems, University College Dublin <b>Ms Deirdre Fullerton</b> Insights Health & Social Research	Lecture: Sexual health and education needs of young people in care: the views of service providers	Winter Hall
12.20–12.40	<b>Dr Honor Young</b> National University of Ireland, Galway <b>Lorraine Burke</b> National University of Ireland, Galway	Sexual behaviour, initiation and contraception use among adolescents in Ireland – a secondary analysis of the Health Behaviour of School Aged Children Survey	
12.40–13.00	Panel discussion and Q&A session		

*These lectures have been approved for 1 CPD credit by the Royal College of Physicians of Ireland*
**Background**

As part of Sexual Health Awareness Week (SHAW), research supported by HSE Crisis Pregnancy Programme in partnership with Children & Family Services, HSE and carried out by University College Dublin and National University of Ireland, Galway will be presented. The research is focussed on young people in care and adolescents in Ireland as outlined below followed by a panel question and answer session.

**Programme**

First presentation of findings from the research programme on the sexual health needs of young people in care. The findings are based on a survey and qualitative interviews with service providers.

Findings from a secondary analysis of the HBSC Study, looking at the sexual behaviour of 15–18 year olds and associated factors, including links between sexual

behaviour and other risk behaviours will be presented. The findings will highlight the predictors of early sexual initiation and contraceptive use among 15–18 year olds.

**Audience**

The Irish Foster Carer's Association, the Irish Association for Young People in Care, Social workers, students studying to become social workers, Child and Family Support Agency staff. Also practice nurses, social workers, care workers, teachers, parents, GPs and other health and social care professionals.

**Maximum attendees**

100

**Venue**

The meeting will be held at No.6 Kildare Street. There is a restriction to a maximum of 100 attendees.

RCPI SEXUAL HEALTH AWARENESS WEEK – KEYNOTE LECTURE

Session 2.2: Reporting of child protection concerns: helping practitioners to understand their obligations

Thursday 14 November, 2013 at 14.00–15.00 at RCPI, No.6 Kildare Street, Dublin 2

CHAIR: TBC			
Time	Speaker	Topic	Location
14.00–15.00	Ms Jenny Bulbulia Barrister at Law	Reporting of child protection concerns: helping practitioners to understand their obligations  Note: This session is an introduction to the new legislation on the reporting of child abuse	Winter Hall

*This lecture has been approved for 1 CPD credit by the Royal College of Physicians of Ireland*

Background

Lecture on the legal implications for service providers regarding reporting of child abuse given the new law in the area. This session will provide practical guidance on the requirements to report to the Health Service Executive and/or An Garda Síochána as appropriate. The limitations on confidentiality will also be discussed.

Programme

Presentation followed by a 10-minute question and answer session.

Audience

Anyone working with or providing services to young people under the age of 18, including practice nurses, social workers, care workers, teachers, parents, trainees, members and fellows, GPs and other health and social care professionals.

Maximum attendees

100

Venue

The meeting will be held at No 6 Kildare Street and will also be live webcast via the RCPI public website. There is a restriction to a maximum of 100 attendees.


**RCPI SEXUAL HEALTH AWARENESS WEEK – LECTURE**
**Session 2.3: Preventing sexual violence: from information to transformation**

Thursday 14 November, 2013 at 15.00–15.45 at RCPI, No.6 Kildare Street, Dublin 2

Time	Speaker	Topic	Location
15.00–15.40	<b>Ms Cliona Saidléar</b> Rape Crisis Network Ireland (RCNI)	Preventing sexual violence: from information to transformation	Winter Hall
15.40–15.45	Q&A session		

*This lecture has been approved for 1 CPD credit by the Royal College of Physicians of Ireland*
**Background**

As part of Sexual Health Awareness Week (SHAW) a lecture on preventing sexual violence will be delivered by the Rape Crisis Network Ireland. A new report has been published which reveals data which can reduce sexual violence crimes and protect those who are vulnerable more effectively. This presentation will focus on providing a better understanding of how we respond to risk and vulnerability in order to prevent sexual violence.

**Programme**

Lecture of 40 minutes followed by a five-minute question and answer session.

**Audience**

Anyone working with those vulnerable to sexual violence, including but not limited to practice nurses, social workers, care workers, teachers, parents, trainees, members and fellows, GPs and other health and social care professionals.

**Maximum attendees**

100

**Venue**

The meeting will be held at No.6 Kildare Street. There is a restriction to a maximum of 100 attendees.

## RCPI SEXUAL HEALTH AWARENESS WEEK – WORKSHOP

## Session 2.4: Nurse can I ask you a question, it's personal?" Incorporating sexual health into nursing practice

Thursday 14 November, 2013 at 16.00–17.30 at RCPI, No.6 Kildare Street, Dublin 2

Time	Speaker	Topic	Location
16.00–17.30	<b>Ms Denise Proudfoot</b> School of Nursing & Human Sciences, Dublin City University	Nurse can I ask you a question, it's personal?" Incorporating sexual health into nursing practice	Dun's Library

*At the time of printing, this workshop was being approved for CPD credits by the Royal College of Physicians of Ireland***Background**

As part of Sexual Health Awareness Week (SHAW) a workshop for practice nurses will be delivered. It will focus on how nurses consider the impact of someone's medical condition (eg. epilepsy, amputation, taking anti-depressants) on their sexual health and how they can approach the subject and communicate with a patient in relation to this.

**Programme**

Workshop of 90 minutes.

**Audience**

Open to practice nurses. There is no charge for attendance.

**Maximum attendees**

25

**Venue**

The meeting will be held at No.6 Kildare Street. There is a restriction to a maximum of 25 attendees.


**RCPI SEXUAL HEALTH AWARENESS WEEK – LECTURES**
**Session 3: RCPI/ICGP Joint Session for GPs on Managing Sexually Transmitted Infections in General Practice**
**NOTE: THIS SESSION RUNS IN PARALLEL WITH SESSIONS 2.2–2.4**

Thursday 14 November, 2013 at 14.00–17.00 at RCPI, No.6 Kildare Street, Dublin 2

**CHAIR: Dr Miriam Daly, Irish College of General Practitioners**

Time	Speaker	Topic	Location
13.30	Registration and submission of questions		Corrigan Hall
14.00–14.20	<b>Dr Fiona Lyons</b> St James’s Hospital, Dublin	Introduction to STIs and the ICGP STI e-learning module.	
	<b>Dr Miriam Daly</b> Irish College of General Practitioners		
14.20–14.50	<b>Dr Catherine Fleming</b> Galway University Hospital	What’s happening with STIs in Ireland?	
14.50–15.30	<b>Dr Catherine Fleming</b> Galway University Hospital	STIs in groups of interest – case based interactive discussion	
	<b>Dr Fiona Lyons</b> St James’s Hospital, Dublin		
15.30–15.50	Tea/Coffee Break		
15.50–16.30	<b>Dr Catherine Fleming</b> Galway University Hospital	Interesting STIs presenting in primary care settings	
	<b>Dr Fiona Lyons</b> St James’s Hospital, Dublin		
16.30–17.00	Answers to audience questions – from registration		

*These lectures have been approved for 2.5 CPD credits by the Irish College of General Practitioners*
**Background**

As part of Sexual Health Awareness Week (SHAW), the Women's Health programme of ICGP in conjunction with the Royal College of Physicians of Ireland will deliver a joint session on managing STIs in practice. This will include an introduction to the recently developed e-learning module.

Attendees are asked to submit questions that they would like discussed during the Q&A session to the RCPI staff at the registration desk on the day of the meeting. The speakers and chair will review these questions during the coffee break and discuss during the Q&A session.

**Programme**

Presentations on the topics outlined below followed by questions and answer sessions.

**Audience**

Open to health professionals, particularly targeted at doctors in general practice. There is no charge for attendance.

**Maximum attendees**

150

**Venue**

The meeting will be held at No.6 Kildare Street. There is a restriction to a maximum of 180 attendees.

RCPI SEXUAL HEALTH AWARENESS WEEK – EXHIBITION & PUBLIC SPEAKING

Session 4: Sexual Health for Young Adults: What helps us make good decisions in our romantic lives?

Thursday 14 November, 2013 at 16.30–19.30 at RCPI, No.6 Kildare Street, Dublin 2

Time	Speaker	Location
16.30	Registration and exhibition opens	Graves Hall
17.00–18.00	What helps us make good decisions in our romantic lives? A moderated public speaking competition with transition year student shortlisted entrants	Winter Hall
17.00–18.00	What helps us make good decisions in our romantic lives? A moderated alternative expression piece competition with transition year student shortlisted entrants	Graves Hall
18.00–18.30	Tea/coffee break	Graves Hall
18.30–19.30	Announcement of winners and presentation of prizes followed by reception	Corrigan Hall

Background

As part of Sexual Health Awareness Week (SHAW), a competition was run inviting all transition year students to submit either an essay or an alternative expression piece on the topic of ‘What helps us make good decisions in our romantic lives?’ The entrants in the alternative expression competition will be presented in an exhibition area on the day. The shortlisted essay entrants will present their essay as part of the meeting. Winners will be announced on the night.

Exhibitions of sexual health information from Comhairles in Kerry and Roscommon will also take place along with Young Social Innovators.

Programme

Moderated exhibition of shortlisted entrants to the competition running in parallel with the public speaking by the shortlisted essay entrants.

Audience

Open to the press, the public, young adults and health professionals. There is no charge for attendance.

Maximum Attendees

100

Venue

The meeting will be held at No.6 Kildare Street. There is a restriction to a maximum of 100 attendees.





# GETTING TO THE COLLEGE

## By rail

The nearest DART station is Pearse Street, 10 minutes walk away.

The Green Line LUAS terminus at St Stephen's Green West is a short walk from the College.

The Red Line LUAS terminus at Abbey street, Dublin 1 is less than 15 minutes walk away.

## By bus

Many bus routes through the city centre stop close to the College, including those stopping at Nassau Street and St Stephen's Green - Please see [www.dublinbus.ie](http://www.dublinbus.ie) for route details.

## Car parking

Setanta Car Park off Setanta Place (+353 1 677 9768) is the closest public car park. Dawson Street Car Park off Schoolhouse Lane (+353 1 662 5229) is also close by. There is limited on-street parking on South Frederick Street and Molesworth Street. There is no parking on Kildare Street.

## From Dublin Airport by bus

The Aircoach service stops at major Dublin city hotels and key locations such as Trinity College.

## From Dublin Airport by taxi

The journey time via taxi from Dublin Airport to the College in the city centre tends to vary from 30 to 45 minutes.



# REGISTRATION

To register your attendance at the *National Sexual Health Awareness Week 2013*, please register online by scanning the QR code or clicking here: [www.rcpi.ie/shaw](http://www.rcpi.ie/shaw)



Alternatively, print this page and the following page, complete both and return before 6 November by post, fax or email, as detailed overleaf.

Please indicate with a tick, the events you wish to attend ↓

TUESDAY	1	11.00–12.00	Lecture	The why and the how of communicating sexual health matters with individuals with intellectual disability	<input type="checkbox"/>
		12.00–13.00	Workshop	Tools, exercises and methodologies to enable people with mild to moderate intellectual disabilities to make healthy informed sexual health choices	<input type="checkbox"/>
	2	13.00–14.15	DVD launch / viewing	AIDS West support guide to coping with HIV, introduction, viewing and overview	<input type="checkbox"/>
	3	15.00–16.00	Lecture / discussion	HIV and ageing: outcomes of research project, followed by 'Sexuality and Ageing' presentation	<input type="checkbox"/>
	4	18.20–20.30	Public meeting	Let's talk about sex: communication and sexual health throughout our lives	<input type="checkbox"/>
WEDNESDAY	1	13.00–14.20	DVD viewing	Viewing of support guide to coping with HIV	<input type="checkbox"/>
	2	15.30–16.40	Presentations	Man2Man.ie: A series of presentations on enhancing the sex lives of MSM in Ireland	<input type="checkbox"/>
	3	17.00–19.30	Clinical update	Communication and sexual health	<input type="checkbox"/>
THURSDAY	1	10.30–12.00	Workshop	A holistic approach to sexual health promotion	<input type="checkbox"/>
	2.1	12.00–13.00	Lectures and Q&A	Sexual health and education needs of young people in care—the views of service providers	<input type="checkbox"/>
				Sexual behaviour, initiation and contraception use among adolescents in Ireland – analysis of the Health Behaviour in School Aged Children (HBSC) Study	<input type="checkbox"/>
	2.2	14.00–15.00	Keynote Lecture	Reporting of child protection concerns: helping practitioners to understand their obligations	<input type="checkbox"/>
	2.3	15.00–15.45	Lecture	Preventing sexual violence: from information to transformation	<input type="checkbox"/>
	2.4	16.00–17.30	Workshop	"Nurse, can I ask you a question, it's personal?" Incorporating sexual health into nursing practice	<input type="checkbox"/>
	3.1	14.00–14.20	Lecture	Introduction to STIs and the ICGP STI e-learning module	<input type="checkbox"/>
	3.2	14.20–15.30	Lectures and Q&A	What's happening with STIs in Ireland	<input type="checkbox"/>
				STIs in groups of interest: case-based interactive discussion	<input type="checkbox"/>
	3.3	15.50–16.30	Lecture and Q&A	Interesting STIs presenting in primary care settings with panel discussion / answering questions	<input type="checkbox"/>
	4	16.30–19.00	Exhibition	Sexual health for young adults: What helps us make good decisions in our romantic lives?	<input type="checkbox"/>
		17.00–18.00	Competition	Transition year students' public speaking competition	<input type="checkbox"/>
		17.00–18.00	Competition	Transition year students' alternative expression piece competition	<input type="checkbox"/>
		18.30–19.30	Announcement of winners and presentation of prizes followed by reception		<input type="checkbox"/>



ROYAL COLLEGE OF  
PHYSICIANS OF IRELAND

# NATIONAL SEXUAL HEALTH 12-14 NOV 2013 AWARENESS WEEK

## REGISTRATION BY POST / FAX / EMAIL

Please register my attendance at the  
National Sexual Health Awareness Week  
as detailed on the reverse of this form.

**The closing date for registration is  
6 November. Please book early.**

Name(s) \_\_\_\_\_

Completed forms can be posted, faxed or  
emailed to:

Specialty \_\_\_\_\_

*Saoirse Bowe*

Institution \_\_\_\_\_

*SHAW Registration*

*Royal College of Physicians of Ireland*

*Frederick House*

Address \_\_\_\_\_

*19 South Frederick Street*

*Dublin 2*

\_\_\_\_\_

Ph: +353 1 8639700

\_\_\_\_\_

Fax: +353 1 6724707

Email \_\_\_\_\_

Email: [college@rcpi.ie](mailto:college@rcpi.ie)

RCPI ID \_\_\_\_\_

Confirmation of registration will be sent to  
the email or postal address supplied.